619 W. Ridgecrest Blvd. Suite D
Ridgecrest, CA 93555
760-375-5400
FAX 760-375-1901
www.swapsheet.org
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# WE BUY FACTORY DIRECT!

Locally Owned & Operated For 38 Years



# DesertGarageDoor.com

Lic. 491508

**SALES • SERVICE • INSTALLATION** 

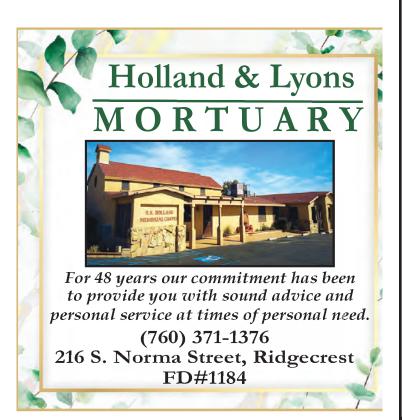
760-446-3446 1328 Inyo Ct. Ridgecrest



SALES

PLEASE CHECK YOUR ads, if there is an error, we are responsible for the first insertion only. TFN **HYUNDAI SONATA 2009.** Grayish blue, 72,600 miles, very good condition. \$4,000. Call 1-760-977-6366. 06/29

THE SWAP SHEET WILL CLOSE AT NOON ON THIS



COMING FRIDAY ONLY. MY APOLO-GY!

PREPARE TO CELE-BRATE and exercise y o u r freedoms/Liberty! Todd's Outdoor. 06/22

**SPA COVERS. GREAT** quality and affordable. 1-760-499-4385. TFN

CCW- NEW AND refresher certifications. Private on r e q u e s t . www.CCWOB.com. Professional first. TFN





## **Handyman Services** II Bill 760-264-3515 **Evaporative Coolers Dump Runs**

**Too Small!** 



40 Years Experience! Care of Ornamental

& Shade Trees. Topping Removal.

**Drake Nokes (Owner)** 

I'll Go Out On A Limb For You! License# 995916 760-377-5861 • FREE ESTIMATES

PROPANE SALE! 2 Saturday, June 24th. days only! June 23rd and

Friday, Gateway Hardware, 6259 Invokern Road. 1-760-377-4571, 06/22



117 E. Ridgecrest Blvd. Ridgecrest, CA 93555 760-463-1297



- Great Food designed for the family!
- Priced right
- Food specials!

Watch the sports games and enjoy the food and drinks!



**Storage 8x20 - \$80 p/mo** Storage 8x40 - \$125 p/mo

Most reasonable rates in town.

Reasons why to store

at RHB Storage: More space for less money Rates don't jump around Yearly payment discount available

1-760-375-7727

667 S. Richmond Rd. Unit E., Ridgecrest

**IS IT MOLD** that's making you feel sick? I'll run air tests for you and help you figure out what to do. 1-760-382-2195, TFN

FOR SALE: 2 Military deuce & a half. \$4,000 for both or \$2,500 each. Sierra Fence: 1-760-446-3300, 06/22

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COSMETIC DENTISTRY · DENTAL EMERGENCIES IMPLANTS · NITROUS/LAUGHING GAS ORAL SURGERY · ORAL SEDATION **ROOT CANALS · TEETH WHITENING** 

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We're More Than Just A Tire Store... We're Your Complete Automotive Service Center!

#### **OPEN SATURDAYS!**

- FREE Shuttle Service For Customers Convenience
- 24 Hour Roadside Tire Service For Any Vehicle
- **FREE Vehicle Safety Inspections**
- **Full A/C Service**
- **Napa Care Center**
- **We Offer The Best Nationwide Road Hazard Warranty In Town**
- **Newest State Of The Art Tire Pressure Monitor System** Diagnosis With Some Of The Most Affordable Sensors In Town
  - Only Shop In Town That Has A Wide Variety Of American Made Tires In Stock





317 West Inyokern Road · www.AandLTire.com

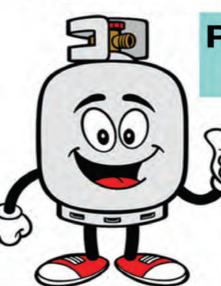
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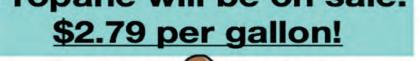


BIG SALE

e 23rd & 24th



Propane will be on sale! \$2.79 per gallon!



#### FEED ON SALE!

Purina Equine Senior \$30.99 Newco Wild Bird \$23.99 Taste Of The Wild Dog Feed \$48.99 44# Canidae Dog Feed \$51.99



**6259 Inyokern Road** 760-377-4571

**Electrical. Automotive.** Tools, Gardening, **Plumbing, Housewares, Camping and** so much more!

REPAIRS. Ovens, stoves, grills, warmers. machines, refrigeration. Call Steve 1-760-608-7724. 07/13

GARAGE SALE: FURNITURE, clothing, decor, household, books, antiques, jewelry, much more. 600 Wildrose. Friday,

7am. 06/22

HANDYMAN HER-NANDEZ 1-951-258-0785. Lic#225161. 06/29

WE PAINT HOUSES.

Construction. Lic# 1024779. 751 S. Richmond Road, Suite

arconstructionrc.com. 1-760-301-7026. TFN

# **LOCATED IN RIDGECREST! SERVING THE IWV & BEYOND!** 760-375-WELL **Licensed & Insured** CSLB#673398

DOWNLOAD OUR FREE app in the Store/Apple Store to read The Sheet Swap vour fingertips every Wednesday evening! TFN

INVENTORY **REDUCTION SALE!** Iune 23rd and 24th. of discounts! Tons Propane on sale! Free coffee and donuts in the morning and free popcorn! Gateway Hardware, 6259 Invokern Road. 1-760-377-4571. 06/22



THURSDAY,

**JUNE 22, 2023 THE SWAP SHEET** 



locally owned & family operated

Casey's Restaurant serves a variety of fresh food including Certified Angus Beef steaks, hickory smoked barbecue, outstanding burgers, salads, make your own pastas and more.

# Daily Specials

#### **Tuesday**

\$2.50 tacos all day

#### Friday 11-3PM

Fried Tilapia Sandwich & Fries \$10.49. Prime Rib after 4

#### Wednesday

20% off burgers all day

### **Thursday**

11AM-3PM 15% off Salads. 3PM-9PM

15% off Steaks

#### **Saturday** Salad Bar

Build your own **Tuesday- Friday** pasta after 3PM 11 AM- 2 PM

1337 N. China Lake Blvd. • 760-446-9260

# THE STORAGE VAULT

## **FOR RENT- LOW Cost Storage Units**

**LOW MONTHLY RENTALS** 8x10 80 sq. ft. \$40 mo 8x20 160 sq. ft. \$80 mo 8x40 320 sq. ft. \$120 mo





**Call for Rentals** 760-377-4444

4651 Inyokern Rd. **Ridgecrest** 

**PLEASE** CHECK YOUR ads, there is an error, responsible for the first insertion only. **TFN** 

IS IT MOLD that's making you feel sick? I'll run air tests for you and help you figure out what to do. 1-760-382-2195. TFN

**BABY CHICKS ON** sale! \$1 off all chicks! Gateway Hardware, 6259 Invokern Road. 1-760-377-4571. 06/22



CASH PAID **FOR** complete junk cars. Call for quote. 1-760-446-5559. TFN

FOR SALE: 2 Military deuce & a half. \$4,000 for both or \$2,500 each. Sierra Fence: 1-760-446-3300.06/22

WE DO WINDOW & replacements. door Construction. A&R Lic#1024779. 751 S. Richmond Road, Suite

arconstructionrc.com. 1-760-301-7026. TFN



Professional. Reliable. Fast 760-812-0021

1610 N. Inyo St. Ridgecrest, ČA 93555

Lic. #885719



**Locally Owned and Operated for Over 26 Years.** 





Se Habla Español



- Nationwide
- Travelers
- The Hartford
- Foremost
- Liberty Mutual



Daryl Silberberg Principal, **IWV Insurance Agency** Lic. # 0K10892

FRIDAY 6/23, 7:00am

Shelby Court. Baby

clothes, shoes, toys, and furniture. Many

Lazy B recliner & roll-

top desk. Lots of other

WE DO WOOD fenc-

Richmond Road, Suite

arconstructionrc.com.

1-760-301-7026. TFN

751

items too! 06/22

Construction.

1024779.

womens

ing.

**YARD** 

12:00pm.

SALE-

including

clothing.

A&R

Lic#

1127

Your full-service independent agency insuring your Home, Auto, Life, **Business and Construction/Fidelity** bonding needs for over 40 years.

760-446-3544

1310 N. Norma

**IWVins.com** 

**CHECK PLEASE** YOUR ads, if there is an error, we are responsible for the first insertion only. TFN

MULTIFAMILY MOVING YARD sale. Heritage, Friday, 7-11am. 418 Mt. McKinley. (No early birds please). 06/22

WE DO ROOFING. A&R Roofing LLC. Lic# 1090884 Č39, 751 S. Richmond Road, Suite G. arconstructionrc.com. 1-760-301-7026. TFN

# Maturango Museum

COVERS.

PREPARE TO CELE-

**BRATE** and exercise

freedoms/Liberty!

Todd's Outdoor. 06/22

**GREAT** quality and

affordable. 1-760-499-

**POWER OF ATTORNEY FOR FINANCE & HEALTHCARE** 

PRACTICE ESTATE PLANNING • ADOPTIONS \* INCORPORATIONS

Law Offices of

121 S. China Lake Blvd. Suite D • P.O. Box 1803 Ridgecrest, CA 93556 • 760-375-6100 • 760-375-6700 ashtdu@yahoo.com • CA Bar No. 204279

4385. TFN

smaller

ably priced motor

home in good con-

up. 760-382-3563.

100 E Las Flores Ave.

Open 10-5 Monday through Saturday and 12-4 on Sundays

June 21 marks the first day of summer and the first day of the Maturango Museum's Matching Donation Drive and Membership Drive. Generous benefactors have contributed \$10,000 toward the Matching Donation Drive. Now, it is your turn to double your donation to support the Maturango Museum! Help us reach our goal of \$20,000 in our summer appeal that ends







\*All Home Repair & Maintenance\*

760-301-4465

- Electrical & Lighting
- Plumbing & Leaks
- Carpentry, Kitchens, & Flooring
- -Windows & Doors
- -Fixtures, Tile, & More

You Name It, I Can Probably Do It!



For more information, call us at

(760)375-6900

or visit our website

www.maturango.org



SPA

August 21, 2023.





CCW- NEW AND refresher certifications. Private on request. www.CCWOB.com . Professional first. TFN

IS IT MOLD that's making you feel sick? I'll run air tests for you and help you figure out what to do. 1-760-382-2195. TFN

SAND BLASTING 1-760-446-3446. TFN \*\* YARD SALE! COME and check it out! Gateway Hardware, 6259 Inyokern Road. 1-760-377-4571. 06/22

FOR SALE: 2 Military deuce & a half. \$4,000 for both or \$2,500 each. Sierra Fence: 1-760-446-3300. 06/22

COMMERCIAL
KITCHEN
REPAIRS. Ovens,
stoves, grills,
warmers, ice
machines, refrigeration. Call Steve
1-760-608-7724.
07/13



Н G Ε **GARAGE SALE:** Friday, 7-11:30am. 808 W. Bataan Avenue. Collectibles. baby stuff, yard, antiques, lots of towels, rugs, tovs, tools, patio umbrella, quality new clothes, jewelry, lots of old Baseball cards, too

much to list. 06/22

RIDGECREST GUN RANGE is open. RGRA 600 yard outdoor shooting range. CCW Classes. Membership \$25. www.RGRA.org. 1-7 6 0 - 3 7 5 - 1 0 0 4 . Guns4Us. 08/03









to loving & caring home! They are weaned & litter box trained. I will also pay for their spay/neuter.

Call 760-377-0082

RIDGECREST **EAGLES DARTS** every Flex Saturday. Dinner every Flex Friday. See our display ad flex weeks for details. TFN

**CLASSIC MOVIE NIGHT** screens every flex Wednesday at 7pm at the Historic ÚSO Building. Admission is donation, only. Snack Bar 6:30pm. opens at Movie information available in fliers at the building. Check out Events Board at front door. Call Book Wednesday Shop

through Saturday from 11am to 3pm. **TFN** 

TABLE/LEAF/6 chairs 2 with arms, good condition. Cash only, no appointment \$250. 1-702-245-2101. 06/22

DOWNLOAD FREE app in the Store/Apple Store to read The Swap Sheet fingertips vour every Wednesday evening! TFN





Now taking Medi-Cal members. Kern Family Health Systems. Healthnet, IEHP along with others.

Also working with the following transportation brokers: Access2care, Modivcare, American Logistics Company and Call the Car. Call to find out if we can give you a ride

760-495-2394 FAX 760-371-4222

1110 W. Ridgecrest Blvd. Ridgecrest, CA 93555

**GUNS4US & CCW** training at 409 S. China Lake. Lowest priced and fees in guns Ridgecrest. Buy, sell, trade, consignment, gun & ammo transfers, layaways. Gun Transfers: \$39. Private Party Transfers (PPT) DROS \$37.19. \$10, Ammo transfer \$5. Open Monday, Thursday, Friday, Saturday. Many new and used guns in stock. RGRA 600 yard memberships here. 1-760-375-1004, 06/22





**CASH PAID FOR** complete junk cars. Call for quote. 1-760-446-5559. TFN

FOR SALE: 2 Military deuce & a half. \$4,000 for both or \$2,500 each. Sierra Fence: 1-760-446-3300. 06/22



# FURYS SPORTS BAR



New Hours Weekdays 1pm - 2am Weekends 10am - 2am Live Music
Every Weekend

Music Bands Karaoke DJ Follow Us

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 Fury's Sports Bar
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1-(760) 446-4900 • 1353 W. Inyokern Rd. (1 Block West of Mahan)

Η G E **GARAGE SALE:** Friday, 7-11:30am. 808 Bataan Avenue. Collectibles, baby stuff, yard, antiques, lots of towels, rugs, toys, tools, patio umbrella, quality new clothes, jewelry, lots of Baseball cards, too much to list. 06/22

RIDGECREST GUN
RANGE is open.
RGRA 600 yard outdoor shooting range.
CCW Classes.
Membership \$25.
www.RGRA.org. 1-760375-1004. Guns4Us.
08/03

CLASSIC MOVIE
NIGHT screens every
flex Wednesday at 7pm
at the Historic USO
Building. Admission is
donation, only. Snack

THE SWA
WILL C
NOON
COMING
ONLY. M
GY!

Bar opens at 6:30pm. Movie information available in fliers at the building. Check out Events Board at front door. Call Book Shop Wednesday through Saturday from 11am to 3pm. TFN

THE SWAP SHEET WILL CLOSE AT NOON ON THIS COMING FRIDAY ONLY. MY APOLOGY!



# Sierra Fence & Garage Doors

For All Your Fencing, Wrought Iron, & Garage Door Needs!



## **WE DO TEMPORARY FENCING!**

All Our Fence Erecters P.H.D.S.

## FREE ESTIMATES!

Senior & Military Discount!

WE CAN BEAT ALL OTHER PRICES! ALL WORK GUARANTEED!

**2203 W. Inyokern Road.** 760.446.3300 760.446.3100

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+ Professional + Reliable + Affordable Mobile Service to Ridgecrest & Inyokern

## Charlotte B.Collins, LDA

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Last Will & Testament

Power of Attorney for Finances

Healthcare POA

**Property Transfer Deeds** 

Remove Deceased Spouse

Add Adult Child

Transfer on Death Deed

Pay by the Document / Not by the Hour

https://charlottebcollins.com

I am not an attorney. I can only provide self help services at your specific direction.

626-622-8608

Email: legaldocs@charlottebcollins.com

PREPARE TO CELE- INVENTORY **BRATE** and exercise freedoms/Liberty! Todd's Outdoor. 06/2

**REDUCTION SALE!** June 23rd and 24th. Tons of discounts! Propane on sale! Free coffee and donuts in the morning and free popcorn! Gateway



Hardware, 6259 Invokern Road. 1-760-377-4571. 06/22

WE DO WOOD fencing. A&R Construction. Lic# 1024779. 751 S. Richmond Road, Suite. arconstructionrc.com. 1-760-301-7026. TFN

**PLEASE** CHECK YOUR ads, if there is an error, we are responsible for the first insertion only. **TFN** 

PREPARE TO CELE-**BRATE** and exercise freedoms/Liberty! Todd's Outdoor. 06/22





# QUIT SMOKING For Life!



Sign up for the *Freedom From Smoking*® program from the American Lung Association.

Learn how to overcome your tobacco addiction so you can enjoy the benefits of better health...extra money in your pocket...and healthier relationships.

You'll learn about:

- Medicines that can help you stop smoking
- Lifestyle changes that make quitting easier
- Preparing for quit day

- Managing stress
- Avoiding weight gain
- Developing a new self-image
- How to stay smoke-free for good

Classes start July 19th at 5pm.
This program is a series of 8 classes over 7 weeks.

Location: RRH Cardiac Rehab Department, 1081 N. China Lake Blvd.

You must register for class before you begin. To register, please call: 760-499-3584



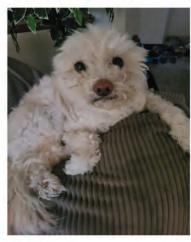






Please help us! She is still

LOST DOG CHLOE \$500 REWARD



**CALL WITH ANY INFO** 661-378-6160

INVENTORY REDUCTION SALE! June 23rd and 24th. Tons of discounts! Propane on sale! Free coffee and donuts in the morning and free popcorn! Gateway Hardware, 6259 Inyokern Road. 1-760-377-4571. 06/22

lost!

HANDYMAN HER-NANDEZ 1-951-258-Lic#225161. 0785. 06/29

CLASSIC MOVIE NIGHT screens every flex Wednesday at 7pm at the Historic USO Building. Admission is donation, only. Snack Bar opens at 6:30pm. Movie information available in fliers at the building. Check out Events Board at front door. Call Book Shop Wednesday through Saturday from 11am to 3pm. TFN

## **Berry's Water Well Service**

BFRRYSWELLSERVICE@YAHOO.COM

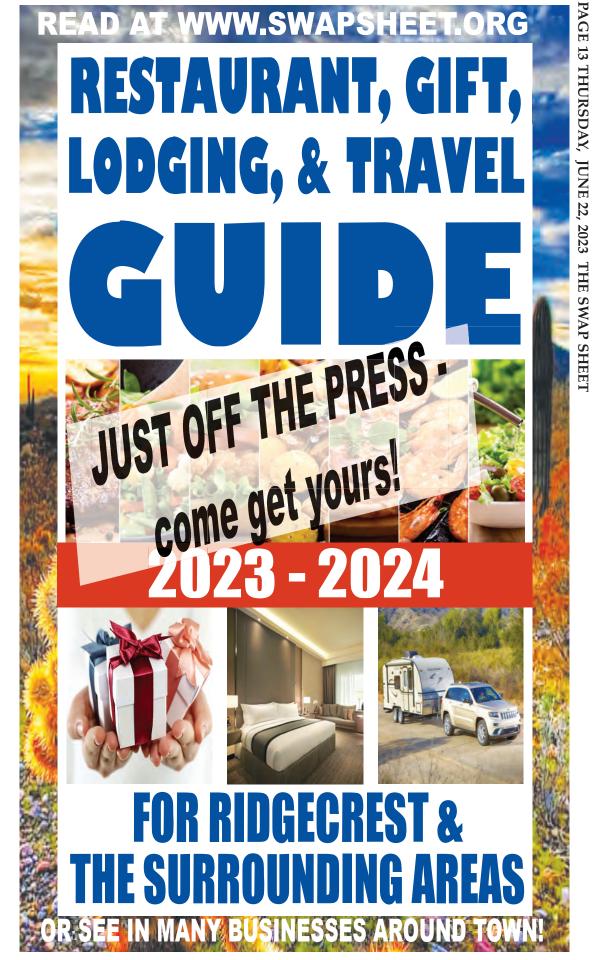
**20+ YEARS LOCAL EXPERIENCE** 

Owned ad operated by Phil Berry

**INSURED & BONDED RIDGECREST, CA 93555** 

LIC # 1006992 760-382-4778





## FREE HEARING TEST

We accept most insurances including Federal Blue Cross and GEHA

1-760-375-4327



801 N. Downs
Suite G Ridgecrest
Open Tues. and Wed.
9 am - 5 pm



## POOPER SCOOPERS

Animal Waste Removal
DAILY · WEEKLY · MONTHLY

Yards, Barns, Corrals, Pens, Chicken Coops & More!

Let Us Do The Dirty Work!

760-371-5379

CASH PAID FOR complete junk cars. Call for quote. 1-760-446-5559.

\*\* YARD SALE: FRIDAY 6/23 & Saturday 6/24 at 7:30am to 1pm. 729 W. Kevin Court. Furniture, housewares, linens, holiday decor, bicycles, & much more! No early birds please. 06/22

\*\* G A R A G E SALE- LOTS of stuff. 1440 Porter Street, Ridgecrest. 10am-? Saturday & Sunday. TV's, books, toys, and so much more. 06/22



15%
Discount
Military, DOD
& Seniors

257 Balsam Street, Ridgecrest 8 866-884-3349 FAX

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- Residential / Commercial Property Maintenance
- Design Services
- Windows / Doors
- Flooring
- Mold Remediation
- Countertop Fabrication / Install

CA License #1026495

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Licensed Bonded and Insured



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Phone: 760-375-9399



- Hearing, Balance & Auditory Processing
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Most Insurances Accepted As Preferred Provider

FEDERAL EMPLOYEES
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BENEFIT ACCEPTED

VA Community Care - Proudly Serving Those That Served Courteous & Consistent Care Locally For Over 20 Years!

Also Serving Bishop, 621 W. Line Street #102 • Bishop, CA 93514

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Monday - Friday 8am to 6pm • Saturday 9am to 5pm www.JimCharlonFord.us

# 2014 FORD FUSION SE

\$14,995\*

STK#108878A

2019 CHEVROLET MALIBU

<sup>\$</sup>16,950\*

STK#10940

2021 NISSAN ALTIMA

<sup>5</sup>24,900\*

STK#10895

### 2019 DODGE GRAND CARAVAN

<sup>\$</sup>25,950\*

STK#10812

2017 CHRYSLER 300C

<sup>\$</sup>18,950\*

STK#10941

2020 CHEVROLET CAMARO

<sup>\$</sup>23,999<sup>\*</sup>

STK#10913



# ASK US ABOUT OUR LOW INTEREST RATES AVAILABLE!

\*Plus tax, license, and doc fees. Sale ends close of business 06/24/23. One at this price. Vehicles subject to prior sale. All on approved credit. Financed through Ford Motor Credit. Prices after rebate, discount, and trade in assistance if applicable. See dealer for details.





THE SWAP SHEET WILL CLOSE AT NOON ON THIS COMING FRIDAY ONLY. MY APOLOGY!

RIDGECREST EAGLES DARTS every Flex Saturday. Dinner every Flex Friday. See our display ad flex weeks for details. TFN

\*\* YARD SALE: JUNE 23-24. 8:00am to 1:30pm. 1829 W. Dolphin Avenue. 06/22

**SPA COVERS. GREAT** quality and affordable. 1-760-499-4385. TFN

\*\* YARD SALE: FRIDAY & Saturday, 8am-Noon. 201 N. Alvord, Apt. E. Lots of everything! 06/22





Have you ever looked up in our store? We have solor lights, bird houses, wind chimes, wall decor and so much more! LOOK UP!



#### Miscellaneous

**IS IT MOLD** that's making you feel sick? I'll run air tests for you and help you figure out what to do. 1-760-382-2195. TFN

PROPANE SALE! 2 days only! Friday, June 23rd and Saturday, June 24th. Gateway Hardware, 6259 Inyokern Road. 1-760-377-4571. 06/22



Cash, as is. 1-760-304-8554.

#### **SAND BLASTING 1-**760-446-3446. TFN

FOR SALE: AQUATIC pond Hyacinth floating plants \$1.00 per plant. Call if interested 1-760-382-6250, 06/29

BABY CHICKS ON sale! \$1 off all chicks! Hardware, Gateway 6259 Invokern Road. 1-760-377-4571. 06/22

THE SWAP SHEET CLOSE NOON COMING FRIDAY ONLY. MY APOLO-GY!



- Design
- Flagstone

Lic. # C27 786386

- Rock
- Boulders
- Cement

Craig D. Yeargain , Owner

**Proudly Serving the** 

Indian Wells Valley

- Xeriscape
- Landscaping

- Sod
- Brick Pavers
- - - 760-377-4313 Office 760-377-3136 FAX

Hauling

Drip Systems

Water Features



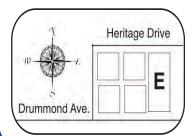
Family Practice • Urgent Care • Pediatrics

Women's Health • DOT Exams • Internal Medicine • Immunizations

**EXAMS** 

**RESPONSIVE CARING PROFFESIONALS** 

**GET YOUR PNEUMONIA VACCINE!** 



760-446-4571

900 N. Heritage Drive, Suite E

Mon. - Fri. 8am - 5pm • Sat. 8am - Noon

# FOLLOW-> MY HEALTH

>>> RRH Patient Portal



- View Lab Results
- View Doctor's notes
- Access Health records

**Review Appointments** 



**Check Vital Signs** 



Update health information







SIGN UP ON WWW.RRH.ORG/PORTAL





The Swap Sheet strives to protect its readers against fraud, deception or injustice. No ads of a sexual nor harmful manner will be accepted.TFN

PLEASE CHECK YOUR ads, if there is an error, we are responsible for the first insertion only. TFN

**3 BEDROOM 2** bath doublewide mobile home on 1/2 acre. \$1,200 plus \$1,200 deposit. Non smoking, no pets. Fenced. Call

Crestwood Animal Hospital

1131 Inyokern Road
760-446-7616

VCa animal hospitals

Monday through Friday 7:30am to 4:30pm. 1-760-446-6600. 06/22

Richmond Road, Suite G . arconstructionrc.com. 1-760-301-7026. TFN

AGE 19 THURSDAY, JUNE

WE DO WINDOW & door replacements. A&R Construction. Lic#1024779. 751 S.

RENT

**NOTICE** 

You're **going** to be paying **TOO MUCH** for your

Federal Employee
Group Life Insurance

call: (760)446-4279

тех: (760)446-8210

or Email: gary@myridgecrestagent.com

for SAVINGS before it's TOO LATE!





DOWNLOAD OUR
FREE app in the
Google Play
Store/Apple Store
to read The Swap
Sheet at your fingertips every
Wednesday
evening! TFN

WE PAINT HOUSES.

A&R Construction.

Lic# 1024779. 751 S.

Richmond Road, Suite

G

arconstructionrc.com. 1-760-301-7026. TFN

#### NOTICE

The Swap Sheet strives to protect readers against fraud. deception injustice.Accordin g to the LABOR **CODE:** All employment offers must specify the nature of the work and/or have the company's name listed. Advertisements require investments stock, samples, equipment cash bonds should be thoroughly investigatbefore money is paid out. TFN.

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to read The Swap
Sheet at your fingertips every
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evening! TFN



# Need room to jump around?

# Apply for a HELOC

and turn the house you like into the home you love!



760.446.3500

100 E. Ward Ave.

www.DesertValleys.org

Home Equity Line Of Credit is subject to conditions & approval. Equal opportunity Lender.

2,500 SQ. FT. light industrial shop with office in town. Rollup door and walk door. 1-760-446-6600. Please call Monday through 7:30am Friday, 4:30pm. 06/22

**SPACIOUS HOME 4** bdrm, 2 bath, 2 car garage for lease with 1 vear lease. \$1,750 pets. month, no Available now! 1-530-400-3056. 06/23

2 BDR/2 bath, fireplace, 1 car garage, private backyard. All appliances included. \$1,000 per month + \$1,000 Available security. 6/15/23. 1-818-426-8466, 06/15



Serving the Indian Wells Valley and Surrounding Areas since 1983



We work on: **Domestic • Foreign** Diesels



#### **SOME OF OUR SERVICES INCLUDE:**

- ✓ Computer Diagnosis ✓ Brakes
- ✓ Emission Diagnosis 
  ✓ Tune Ups

**Business hours: Mon-Fri 8am-5:30pm** 501 W. Ridgecrest Blvd. Ridgecrest

warrensautomotiveridgecrest.com (760) 375-4123

RANCHO FOR RENT. 4795 or 1-323-228-4131. 2 1/2 acres. 3 bedroom, 2 bath with services. Telephone: 1-619-704- AVAILABLE

06/15

NOW!

room 2.5 bath townhouse. Rent includes washer and dryer, all

BEAUTIFUL 3 bed- water included, pest control, private patio, carport and garage, pool and front landscaping. Unit has A/C and evapcooler & ceiling fans. Like new. \$1,500 month, no pets. 1-805-204-7404. TFN

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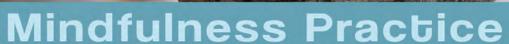
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has been shown to reduce symptoms and improve quality of life related to:

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- Diabetes
- Chronic Pain
- Migraines
- Autoimmune Disorders
- Mental Health Disorders
- Cancer
- Valuable Aid for Weight Loss

The 8 week group based program covers mindfulness based behavioral change, self-reflection, finding purpose and lifestyle medicine.

"This group is life changing! Even if you're not into meditation or holistic medicine, it can help you live your best life! I would take this class over and over and again if I could!"

#### Dr. Hani Chaabo

is a board certified family physician specializing in integrative medicine. He also holds certifications in reiki and quantum touch. He is trained in Mindfulness Based Stress Reduction (MBSR) which is the most extensively studied mindfulness intervention in healthcare.



## Information

Call the Stress Reduction
Clinic at (760) 499-3685 or visit
www.rrh.org/stressreductionclinic
for more information or to
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Peace Of Mind: Many who have undergone the emotional strain of arranging a funeral within hours of losing a loved one have made the choice to pre-plan their own funeral. Doing so lifts the burden from their loved ones by relieving decision-making pressure at a time of grief and emotional stress.

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employment offers must specify the nature of the work and/or have the company's listed. No ads of a sexual nor harmful manner will accepted. TFN



As well as in our Print Issue & our Online Issue! Deadline: Every Tuesday at 5:00p.m.

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**Sherrie Alley** DRE#01984119 sherriealley@ FRONTIERRES.COM **Property** 



FrontierRES.com 760-371-1100



**Amary Youso** DRE#01869408 amaryyouso@ RONTIERRES.COM **Property** Management



420 Rick #G 1bdr/1ba 625 sq ft \$900 mo



616 W Graaf Ave #B 2bdr/2ba 950 sq ft \$1100 mo



1301 El Prado #D 2bdr/1ba 878 sq ft \$1195 mp



512 Amanda St 3bdr/2ba 1684 sq ft \$1950 mo

#### **Mary Lundstrom**

DRE#: 00472851 760-382-1991 maryrealtor1974@gmail.com



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084-`00-01 Invokern Road .17 acres center of town \$25,000



511-08-01 Springer Ave \$39.999. 2.53 Acres. **IWV** Water is available



084-060-33 Hwy 178 \$40,000 .34 Acres next to CHP. Zoned M-1 and R-1 MH.



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You can also reach an agent directly using our Agent Contact Information ON OUR WEBSITE: vaughnrealty.com

# BUYING OR SELLING? WE CAN HELP!



#### **818 E. JAVIS GORGEOUS 4 BEDROOM** 3 BATH ON 2.51 ACRES

overlooking city! Almost 3,000 sq. ft. has great room with 16 ft. beamed ceilings, great fireplace. Beautiful kitchen, quartz counters lovely master bdrm w/ fireplace. Huge patio with stunning views. 4 car detached finished garage. \$649,000. #2603969



#### 1242 S. GREENLAWN **BEAUTIFULLY REMODELED** AND UPDATED 2 BDRM 2 BATH

ON .89 acres just off paved road in Southeast area! On fully fenced lot with gate. You get privacy, land, and great views! \$159,900, #2604197



#### 2124 EL HOGAR **GORGEOUS COLLEGE HEIGHTS**

**HOME!** .Great views, large (over 2,000 sq. ft.) 3 bedroom 2 bath with beautifully landscped yards. Tons of natural light! Gorgeous remodeled kitchen, beautiful living room w/ fireplace. Huge master with walk-in closet and huge bath. Finished garage. \$435,000. #2604200



#### 1224 N. MONO COURT **GREAT NORTHWEST** LOCATION! BEAUTIFUL

3 bedroom 2 baths close to front gate. Newer roof, has evap cooling plus ductless mini split A/C. Living room w/ fireplace, large covered patio & more! \$265,000. #2604351



#### **644 WEIMAN OVER 2,200 SQUARE FEET!** CUSTOM 4 bdrm, 2.5 bath

home on corner lot. Big kitchen with large pantry open to family & dining room. Huge upstairs balcony with view. Oversized 2 car finished garage. Huge backyard. A/C with PAID solar! \$345,000. #2603775



#### 229-235 S. NORMA ST. FOUR DUPLEXES ON **SEPARATE LOTS** are being

sold together. All are 2 bedroom 1 baths, five remodeled 2 years ago, 2 currently being remodeled.

Properties are neat and well managed. Must all be sold together. \$860,000. #2604083

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may be earned. All

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THE SWAP SHEET AT

#### RIDGECREST SENIOR CENTER MENU

### THURSDAY

06/22/23
Beef Enchilada
Casserole, Pinto
Beans, Mexican Rice,
Mixed Fruit, Juice

#### **FRIDAY**

06/23/23 Mini Corn Dogs, Chuckwagon Corn, Potato Wedges, Apple Crisp

### **MONDAY**

06/26/23 Crab Cakes, Capri Veggies, Couscous, Fresh Fruit, Juice

### **TUESDAY**

06/27/23 Spaghetti w/ Meat Sauce, Zucchini, Spring Salad Mix, Peaches, Garlic Bread, Juice

### WEDNESDAY

06/28/23 Chicken Fajitas, Black Beans, Brown Rice, Apple Raisin Coleslaw, Wheat Tortilla

#### HISTORIC USO BUILDING

230 W. Ridgecrest Blvd. 760-375-8456. FaceBook.

#### **BOOK SHOP**

Wed.---Sat. 11 am to 3 pm. See's Candies.

OPEN MIC—Fri., June 30 @ 7 pm. Still only \$2. Kids under 12 FREE! Snack Bar opens @ 6:30 pm

SPECIAL MOVIE

Wed., July 5 @ 7 pm Tim Allen, **Sigourney** Weaver star in Classic **Space Comedy!** Kim Metcalf & **Karen Saaty** from "Romancing the West" will be serving stellar treats! **Snack Bar open** @ 6:30. Admission is do-

nation, only!

PART time caregiver for my elderly mother. Responsible, caring, r e s p e c t f u l . Approximately 12-20 hours per week. Also looking for someone to work overnight 9pm to

9am. 1-760-371-3336. TFN

**NEED NOW A** credential teacher to teach a 3rd grader in my home in person or virtual. Monday-Wednesday, 3 to 4 hours a day. From

now to next May. Pay hourly a good rate. 1-760-608-9281. 07/06

Recipe Corner

Submitted by Susan Gray

# send your favorites to swap@swapsheet.org

We will print as room allows. Thank you

## My Easy BBQ Chicken Breasts amd Thighs



- 4 boneless skinless chicken breast halves
- 4 bonless chicken thighs
- 1/2 teaspoon pepper
- teaspoon salt
- todopoon odit
- 2 tablespoon olive oil
- 1 1/2 cups chunky applesauce
- cup barbecue sauce
- 3 tablespoons brown sugar
- 1/2 tsp chili powder
- 1/4 cup balsamic vinegar

Season chicken with salt, pepper and chili powder. Put olive oil in a large skillet and brown on all sides. Mix all other ingredients together in a bowl. Pour over chicken and simmer on stove about 8 - 12 minutes or until temperature is 165 - 170 degrees.

#### **SERVICES**

WE DO ROOFING. A&R Roofing LLC. Lic# 1090884 C39. 751 S. Richmond Road, Suite G. arconstruction-rc.com. 1-760-301-7026. TFN

BOBCAT, BACK-HOE, TRENCHING, & dump truck services available. 1-760-377-3469. 06/29

WE PAINT HOUSES.

A&R Construction. Lic# 1024779. 751 S. Richmond Road, Suite arconstructionrc.com. 1-760-301-7026. TFN

**SAND BLASTING 1-760-446-3446. TFN** 

years #671478, Chainlink, wood, steel tube. Glenn: 1-760-378-3978, cell 1-760-686-7866. 08/31

**RESUMES PRE-PARED BY** Diane. 1-760-861-0775. 07/13

# Complete Service & Repair





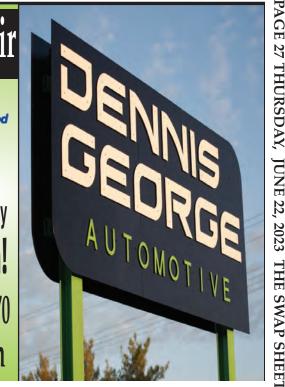
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SWAP SHEET PAGE THURSDAY, JUNE 22, 2023

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HANDYMAN HER- Amarr NANDEZ 1-951-258- **Doors** 0785. 06/29

replacements. \$53.25, Autos for Less. Steve **TFN** 

**MILGARD** WIN-**DOWS AND Doors,** Lic#225161. **Openers**, Rollup **Therma Tru Entry** 1-760-301-7026. TFN

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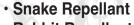


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THURSDAY, JUNE 22 2023 THE SWAP SHEET

Emission Repairs · Computer Diagnostics · Automotive Repairs

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1999 VW GOLF TDI diesel. \$1,200. 1-760-375-4962. 06/22

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